

KIRAN NAMASTE

Single-Mother and Child Foundation

'We have to give our children two important things in life: roots and wings.' (Goethe)

*The connection between mother and child lies at the heart of Kiran Namaste.
En route to independence!*



Kiran Namaste

Sunray's Greeting



Kiran Namaste, the name

'Kiran' is Nepalese for Sunray.
'Namaste' is the Nepalese greeting.
Kiran Namaste = Sunray's Greeting

The group aimed at consists of single Nepalese women and their children.

Objective and Means

For the women: to learn and to earn money, to develop independence and to emancipate, by means of which both women and children break free from their hopeless social situations.

For the children: to be able to go to school, by means of which they get the opportunity to obtain a worthy position in society. By hosting and taking care of several mothers and children in one house these objectives can be realized. The project is aimed at children from the age of three. Their stay in the Kiran Namaste Home lasts for three years, after which the women are able to provide for themselves. On a longer-term basis the project offers another possibility **to the group that left the house.** Six days per week the children are able to go into after-school child care, until they graduate from high school. The foundation offers this possibility to prevent children from wandering the streets again when their mothers go out to work. In this way the help given to the children is brought to a favourable ending. Kiran Namaste has its own workshop, in which the women learn a trade and make products. Because of the bad economic situation in Nepal the foundation makes it also its aim to buy as many of the articles as possible locally.

Sewing Classes and Articles

Right from the start of the project the sewing classes played an important role. Women who show talent in this area are given the opportunity to earn some extra money. Because they receive a complete sewing training they will be able to work in workshops elsewhere as well. The bags and larger shoulder bags, produced in Kiran Namaste in a large variety of sizes and made of the finest silks in many different colours, are for sale in The Netherlands.

Take a look at our website where you will find the whole collection: www.kiran-namaste.nl

No rake-off. Your donation will be spent well and one hundred percent of the proceeds will go the mothers and children's emancipation.



Friends of Kiran Namaste

Of course you can help the single mothers and their children in Kiran Namaste by donating incidentally.

In case of larger donations, over a period of a minimum of five years, it is worthwhile, with a view to tax deductions, to participate in the Club of 100 and to donate through a notarial act. For more information, see the website.

You can also become a 'friend' of the mothers and their children. As a friend you commit yourself to support the project for a longer period, by means of which you help us to be able to look ahead and you contribute to the project's continuity. Not only this moment is important, especially important is the knowledge that sufficient recourses for the future are guaranteed. By using the standing order you can support the project with an amount as low as

€ 0.50 per day.

A gift of € 15.00 per month will pay for one child's clothing/school uniforms, school fee, and school materials.

The total budget for one resident is € 55.00 per month; this amount includes rent, school fee, training fee, settling-in expenses, food, costs for water supply, clothing, and all personnel costs. All donations for which you issue a standing order to the Kiran Namaste Foundation are more than welcome. Your donation can be paid per month or per quarter. As a friend you make an essential contribution to the mothers and children's future.



The Kiran Namaste Foundation is eager to carry on, for achieving our objectives surpasses our expectations. Read the newsletter on our website. Without financial resources we will not be able to proceed, even if all persons involved do their very best.

Become a friend and apply for a standing order.

Of course your incidental donation is welcome as well.

Can we count on you?

Please **contact** us.

Kiran Namaste needs its **own house**. A house with ample room for all the activities that take place: a living room and dining room, a large kitchen, bedrooms for the mothers, bedrooms for the children, a sewing workshop, a reading room for the school going children, a playroom for the younger children, a room in which cultural and social activities for the whole group can take place, rooms for after-school care for different age groups, a play court ...

Above all this 'own house' will be a house where there will be 'warmth', where growth and development will be made possible for both mothers and children. The women themselves need to dedicate themselves wholeheartedly to realize all this.

*Kiran Namaste does not give fish to eat,
but the fishing rod to catch fish*



Kiran Namaste Foundation

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ABN-AMRO: 46 81 49 570

For the building project specifically:

In name of Kiran Namaste Houten

Concerning building project

Currency: € (Euro)
ABN-AMRO: 46 81 49 570
IBAN no: NL73ABNA0468149570
BIC: ABNANL2A
Address bank: Postbus 25
3990 DA HOUTEN
The Netherlands

Address beneficiary: Stichting Kiran Namaste
Hoefbladhof 80
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The Dutch Tax Administration has designated the Kiran Namaste Foundation as an Institution for General Benefit, based on article 6.33 Income Tax Law 2001.



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