

# KIRAN NAMASTE NIEUWSFLITS

*Single-Mother and Child Foundation*

*Oktober 2020*

*11e Jaargang*



## **- Het Kiran Namaste Huis in Nepal en de Covid-19 pandemie - Verslag van onze twee stafmedewerkers, Narayan en Ranju**

### **Beste allemaal, Namaste,**

Op 5 mei heb ik u geïnformeerd over de situatie van het Kiran Namaste Huis na het uitbreken van de Coronapandemie. Nu, ruim vijf maanden later, wordt het tijd voor een volgend bericht over onze moeders en kinderen.

Door het toeslaan van Covid-19 kon ik in het voor- en najaar niet naar Nepal afreizen voor mijn werkzaamheden ter plekke. Wat een geluk dat, ondanks alle beperkingen, communicatie met de staf toch goed mogelijk is, middels (beeld)bellen en e-mail. Desondanks is de informatie aan u dit jaar anders.

Onze reguliere Nieuwsbrief wordt vervangen door een verslag van onze twee stafmedewerkers, Narayan en Ranju. We hebben er voor gekozen hun tekst ongewijzigd en dus ook in het Engels aan u door te geven: rechtstreeks uit het hart van het Kiran Namaste Huis.

### **Het laatste nieuws**

Een goed bericht is dat twee moeders en hun zes kinderen die vanaf half maart ver weg verbleven, op 2 oktober hebben kunnen terugkeren naar het Kiran Namaste Huis. Zij zijn op Corona getest, met een goede uitslag.

Dolgelukkig zijn ze: weer thuis in ons huis.

Half september van dit jaar hebben we besloten dat de kinderen die met hun moeders in de nabijheid van het Kiran Namaste Huis wonen, in ons huis worden opgenomen. Deze kinderen zullen tot eind november dag en nacht bij ons verblijven waarna we, afhankelijk van de situatie en overheidsmaatregelen in Nepal, opnieuw een afweging maken en de noodzakelijke beslissingen nemen. De kinderen hebben een coronatest ondergaan en zijn allen gelukkig negatief getest.

De moeders die helaas nog niet hebben kunnen terugkeren maken het redelijk. Zij moeten iedere dag zien te overleven, en hun kinderen missen de school en het Kiran Namaste Huis. We hopen uiteraard op een spoedige terugkeer: veilig en gezond.



Kiran Namaste Nepal steekt dagelijks, óók voor u, een boterlamp aan, waarmee we alle betrokkenen in Nederland sterkte, kracht en hoop toewensen.

We vertrouwen op uw begrip voor de aanpassing die we dit jaar doen in de berichtgeving aan u, onze trouwe donateur en belangstellende.

Namens Stichting Kiran Namaste,

een warme groet  
Iet Schilder-Verboom

## Verslag van onze twee stafmedewerkers, Narayan en Ranju

### Namaste Kiran Namaste Netherland,

Mrs. Iet Schilder asked us both as Nepali staff of Kiran Namaste to write a report story of the developments in Kiran Namaste house to Kiran Namaste Netherland and also to write what the corona situation means for 'our' single mothers, children and staff members of Kiran Namaste.

We are happy and thankful with the fruitful guidance that Mrs. Iet has been providing for more than 17 years. Especially in these difficult times of corona pandemic we have close contact with her even at this great distance, that supports us enormously. Unfortunately, because of corona situation this year she cannot be physically present in Kiran Namaste house. We know she's sad about this and at the same time we also know that Iet has confidence in us (staff team) that we will lead and guide Kiran Namaste house well with her big support from Netherland.

We would like to thank You all in the Netherlands very much on behalf of all single mothers, children and staff members for your support. Also with your great help we will do our best to keep developing & improving Kiran Namaste, a fruitful project for needy Nepali single mothers and their children. Your support means a lot to us in Kiran Namaste house.

In 2004 Kiran Namaste foundation established.

After working for 14 years in Kiran Namaste and helping to build it up we (staff members) can honestly say that Kiran Namaste is a beautiful and meaningful project. We will give you a few examples how much Kiran Namaste means to 'our' single mothers and children.

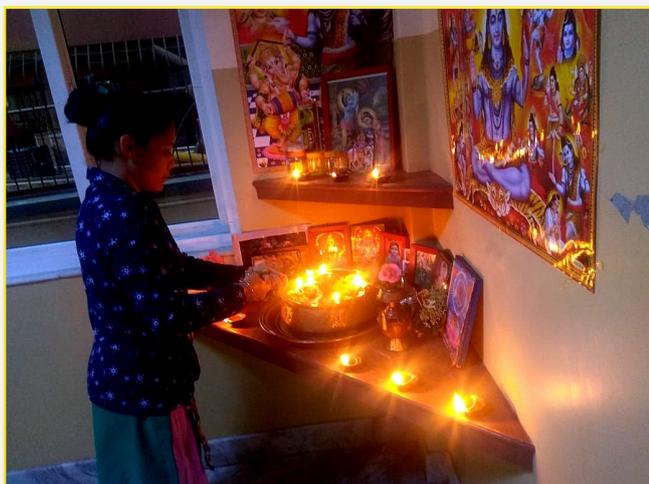
In 18 years period of time, Kiran Namaste foundation developed and improved a lot resulting for many single mothers and children. For example, Sanjay Ale who is a very sincere and hardworking boy, he is studying Bachelor in agricultural engineering subject which has big value in Nepal, boy Ashmin Khadka, he is studying Bachelor in IT (Information and technology) subject, Anita Adhikari, a sincere and hardworking girl is studying Bachelor in Science subject, Bipana Adhikari a smart girl is now studying law subject to become a lawyer.

Since Kiran Namaste is established, we all worked hard under the pleasant/fruitful guidance and leading of Mrs. Iet Schilder and the great support of Mr. Just Schilder to grow this beautiful and fruitful project. Because of teamwork and dedication to serve needy single mothers and children currently in 2020, we became now a very big family in the shelter of Kiran Namaste's own good home and have their own professional sewing workshop building. To empower single mothers in training and skill we established a sewing workshop to train and guide them to make capable of tailoring work. Many single mothers learned the skill of tailoring from this sewing workshop and became capable of tailoring work/job. There are also single mothers and they learned different kinds of training like housekeeping, handicrafts work etc and consultation and orientation to empower them mentally. For example, Jeevan Bohora now became an entrepreneur of a small momo restaurant and she is giving job for 3 workers and generating enough income for herself and for her daughters. Likewise Jamuna Ale now, head of our Sewing Workshop (tailor). She changed and developed incredibly.

When we go back to 25 years, Nepal suffered a lot since 25 years of time. First because of the Maoist war from 1996 to 2006 which was a very painful 10 years of time for the Nepali people. The Maoist conflict was started to end the luxurious and autocratic monarchy and to bring people's republic. During the Maoist war, it was the time of the kidnapping, murder, massacres, and other war crimes against humanity from Maoist and government both side resulted in deaths over 17,000 peoples.

Nepal is highly vulnerable in terms of disasters like earthquakes, floods, landslides, fires, windstorms, hailstorms, and dangerous weather events. Among these disasters - the earthquake of 25th April 2015 was the scariest and damaging which affected the Nepali people badly and left deep scars mainly in the economy, livelihood, and infrastructure of the country.

Nepal tried to overcome the panic of the earthquake and started to build up the country but now again the terrible disease Nobel corona virus COVID-19 global pandemic!!! The first case of COVID-19 was detected in Nepal on 23rd January and the second case on 23rd March and after the confirmation of second case of COVID-19, Nepal government locked down the country which caused resulting in widespread of unemployment cases, loss of income, and threatened livelihood of needy and poor Nepali peoples. It is a difficult time all over the world because entire world is facing a crisis of COVID-19 global pandemic likewise Nepal is also facing a very difficult time. Due to COVID-19 global pandemic Kiran Namaste is also facing a very difficult time. Many single mothers lost their job in tailoring,





housekeeping, etc. They have a big challenges ahead to find a job and earn money to survive. In this corona time, many Nepali peoples are struggling for jobs and food by wondering on the road. Because of jobless, they have no money to buy food.

On 20th March Kiran Namaste received suddenly the information that not all residents could stay in Kiran Namaste house because of Corona situation. The staff members had to move a group of 'our' mothers and their children in 3 days time somewhere else. During those 3 days we consulted often with Iet to accommodate this group of mothers and their children elsewhere. Of course we all were shocked and the mothers panicked, but we were able to reassure the mothers and children and find temporary shelter for them. A group of mothers and their children stayed in Kiran Namaste house because there was no any transport for them ...strict lock down. We have made immediately a schedule for the group of children in the house to make sure that they continue their school as much as possible and to keep daily structure. Daily structure also provides peace and security. On the advice of Mrs. Iet, we take time to

make weekly contact with the mothers and children who are housed elsewhere. They like to have this weekly contact with Kiran Namaste and to know that we are thinking about them. These mothers and their children are going through a difficult time and look forward to it every day to be allowed to go back to Kiran Namaste home.

During the months of June and July a group of children were fortunately allowed to come in Kiran Namaste house from 8.30 -18.00 o'clock. ( It's the group of children who live already independently nearby Kiran Namaste house with their mothers and receive support & guiding by Kiran Namaste during daytime while their mothers are at work). It was great they could come again since 23th March for 2 months during the day in Kiran Namaste house and continue their school class in the house.

Half of August, because of increasing Corona infection, this group children were again not allowed to come in Kiran Namaste house during daytime. One week ago (half September) Mrs. Iet suggested whether it would be possible to take this group of children into the house and night for at least 2 months. This group of children was tested for Corona before they stay during day and night in Kiran Namaste house in consultation with their mothers. The tests were fortunately negative and since September 22th this group of children has been admitted to Kiran Namaste house till anyhow 22th of November during day and night.

We keep by telephone in good contact with their mothers. Their mothers will miss their children but at the same time they are relieved and happy that their children are well cared for and receive education and 3 meals a day. Their mothers have to work hard to earn money for daily life and to pay the rent for their room. During this time of Corona it's more difficult for them to have a full time job. Since March 23th until there has been regular quite strict lock down in Nepal so no local transport was available. This means that the group of mothers who had to left the house on March 23th have not been able to return yet from the villages where they are housed. We hope and expect that next week 2 single mothers and 6 children will be able to return to Kiran Namaste house. But before they come! they have to do a Corona test. School in Nepal are still closed since 23rd March and we hope and expect they open the schools end of November. At that time hopefully all the mothers with their children can return step by step back to their home: Kiran Namaste house.

The Nepal government is trying to control the rising cases of corona. Nepali people had been faced and beared various terrible situations like the Maoist war 1996-2006, Earthquake 2015 etc. and now they are facing COVID-19 global pandemic. Nepali people are strong people with an optimistic and positive mindset. We are hopeful for the end of this nightmare very soon.

Kiran Namaste Nepal wishes You All in The Netherlands the best of luck during this difficult time of corona.



Please stay with us  
Thank you  
With warm regards  
Narayan Rana  
Ranju Dahal  
(Staff workers of Kiran Namaste)  
Kiran Namaste Nepal

Namaste  
warme groet

Iet Schilder-Verboom,

*Schilder-Verboom*

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